



COSD 131-ESTHETIC FUNDAMENTALS | 1 CREDITS

SYLLABUS

Provides intermediate theory instruction that involves demonstration, presentations, and applications in a lab setting. Topics covered are communication, infection control, skin analysis, and skin care products. Topics also include facial treatments, facial massage, makeup, facial machines, hair removal, makeup, and product knowledge.

Prerequisites: None

Semester Offered: All

Common Student Learning Outcomes

Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...

BROAD AND SPECIALIZED LEARNING

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

CRITICAL THINKING

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

CULTURAL AND CIVIC ENGAGEMENT

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

EFFECTIVE COMMUNICATION

Students will exchange ideas and information with clarity in multiple contexts.

INFORMATION LITERACY

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

INTEGRATING TECHNOLOGIES

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.

Course Learning Outcomes

Upon successful completion of the course, the student will be able to...

1. Describe how personality, teamwork and a professional code of ethics enhance or detract from your personal and professional image.
2. Summarize techniques for successfully promoting services and recommending products to clientele.
3. Explain and demonstrate the procedures and precautions for the infection control use in schools and skin care centers.

4. List simple safety and first-aid applications for cuts, minor burns, choking, fainting and eye injury.
5. Describe agencies and federal guidelines that regulate cosmetic formulations and claim.
6. Explain the common conditions of the skin under the categories of lesions, rashes, infections, acne, sebaceous and sudoriferous gland disorders, rosacea, pigmentations, growths and aging factors.
7. Identify the factors that influence ingredient penetration to affect skin behavior.
8. Identify the importance of soliciting feedback, retail sales, rebooking and follow-up
9. Identify and describe the function for skin care essentials, infection control and safety, and the client consultation.
10. Explain techniques for each type of hair removal and how procedures differ for face and body.
11. Differentiate between temporary and permanent hair removal services
12. Identify the considerations for waxing.
13. Explain the difference between the various advanced massage techniques and their specific contraindications.
14. Describe the different types of medical procedures performed by physicians that are related to the esthetics profession.
15. Identify various ways of gaining additional and advanced training to become qualified to work in a medical setting.
16. Explain the various esthetic procedures applied in a medical practice.