



## **COSD 113-NAIL THEORY I 4 CREDITS**

### **SYLLABUS**

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Instructs in the knowledge of communication, professional image, infection control, anatomy, skin structure, growth, nutrition, nail structure and growth, nail disorder and diseases, chemistry, nail product chemistry, electricity, manicuring, pedicuring, electric filing, nail tips, wraps, enhancements, and gels.

Prerequisites: RDNG 096, ENGL 095

Semester Offered: All

#### ***Common Student Learning Outcomes***

*Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...*

##### **BROAD AND SPECIALIZED LEARNING**

Uses terminology and vocabulary appropriately to address and assignment, task or problem

##### **CRITICAL THINKING**

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

##### **CULTURAL AND CIVIC ENGAGEMENT**

Analyzes and evaluates interaction through reflection

##### **EFFECTIVE COMMUNICATION**

Uses appropriate language, terminology, and conventions relevant to the problem or task

##### **INFORMATION LITERACY**

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

##### **INTEGRATING TECHNOLOGIES**

Selects the best technology and/or resources for the task at hand

*Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.*

### **Course Learning Outcomes**

Upon successful completion of the course, the student will be able to...

1. Discuss the most effective ways to manage time.
2. Explain ergonomic principles and demonstrate ergonomically correct postures and movements.
3. List the golden rules of human relations.
4. Define hepatitis and human immunodeficiency virus (HIV) and explain how they are transmitted.
5. Describe how to safely clean and disinfect salon tools and equipment.
6. Name the 11 main body systems and explain their basic functions.

7. Describe the structure and composition of the skin.
8. Describe the structure and composition of nails.
9. List and describe the various disorders and irregularities of nails.
10. Explain the difference between organic and inorganic chemistry.
11. Discuss the basic chemistry of nail salon products.
12. Describe how to safely use electrical equipment in the salon.
13. Identify the four types of nail implements and/or tools required to perform a manicure.
14. Explain the differences between a basic pedicure and a spa pedicure.
15. Discuss the different types of electric files that are used most often by nail professionals.
16. Identify the supplies needed for nail tip application and explain why they are needed.
17. Explain monomer liquid and polymer powder nail enhancement chemistry and how it works.
18. Describe when to use the one-color and two-color methods for applying UV gels.
19. Define nail art brushes and their uses.
20. Discuss how to explore the job market, research potential employers and the legal aspects of employment, and complete an employment application.
21. Describe the characteristics necessary to thrive in a service profession.
22. Explain why selling services and products is a vital aspect of a salon's success.