

## PTAP 270-CLINICAL EXTERNSHIPS (OUTPATIENT) 7 CREDITS

### SYLLABUS

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#### CATALOG DESCRIPTION

This 7 week clinical externship provides students with the opportunity to apply clinical skills acquired in the academic setting directly to patients in an out-patient care setting. This externship may be completed in any geographical area provided that a legal contract is established between the clinical site and San Juan College.

Prerequisites: PTAP 210, PTAP 230, PTAP 250, PTAP 260

Semester Offered: Spring for on-campus program; Fall for online program

#### ***Common Student Learning Outcomes***

*Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...*

##### **BROAD AND SPECIALIZED LEARNING**

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

##### **CRITICAL THINKING**

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

##### **CULTURAL AND CIVIC ENGAGEMENT**

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

##### **EFFECTIVE COMMUNICATION**

Students will exchange ideas and information with clarity in multiple contexts.

##### **INFORMATION LITERACY**

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

##### **INTEGRATING TECHNOLOGIES**

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

*Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.*

#### **Course Learning Outcomes**

Upon successful completion of the course, the student will be able to...

1. Complete certifications and specific requirements mandated by the facility.
2. Perform with a minimum acceptable rating of *Intermediate for Safety* on the CPI.
3. Demonstrate a minimum acceptable rating of *Intermediate for Clinical Behaviors* on the CPI.

4. Perform with a minimum acceptable rating of *Intermediate for Accountability* on the CPI.
5. Adapts with a minimum acceptable rating of *Intermediate for Cultural Competence* on the CPI.
6. Communicate with a minimum acceptable rating of *Intermediate for Communication* on the CPI.
7. Participate with a minimum acceptable rating of *Intermediate for Self-Assessment and Lifelong Learning* on the CPI.
8. Demonstrate with a minimum acceptable rating of *Intermediate for Clinical Problem Solving* on the CPI.
9. Perform with a minimum acceptable rating of *Intermediate for Intervention: Therapeutic Exercise* on the CPI.
10. Apply with a minimum acceptable rating of *Intermediate for Interventions: Therapeutic Techniques* on the CPI.
11. Apply with a minimum acceptable rating of *Intermediate for Interventions: Physical Agents and Mechanical Modalities* on the CPI.
12. Apply with a minimum acceptable rating of *Intermediate for Interventions: Electrotherapeutic Modalities* on the CPI.
13. Perform with a minimum acceptable rating of *Intermediate for Interventions: Functional Training and Application of Devices and Equipment* on the CPI.
14. Produce with a minimum acceptable rating of *Intermediate for Documentation* on the CPI.
15. Participate with a minimum acceptable rating of *Intermediate for Resource Management* on the CPI.

### **Specific Learning Objectives (Adapted from CPI)**

Upon successful completion of the course, the student will be able to:

1. Complete certifications and specific requirements mandated by the facility.
  - 1a. Obtain certifications in First Aid, CPR, OSHA, and Blood Borne Pathogens before beginning clinical rotations. (L,T)
  - 1b. Obtain specific requirements mandated by clinical sites such as HIPPA training, criminal background screening, drug screenings, medical examinations, etc. in a timely manner. (L,T)
  - 1c. Respond appropriately to emergency situations by following the policies and procedures for the clinical site. (L,T,C,I,A)
2. Perform with a minimum acceptable rating of *Intermediate for Safety* on the CPI.
  - 2a. Ensure the safety of patient, self, and others throughout the clinical interaction. (L,T,C,I,A)
  - 2b. Use acceptable techniques for safe handling of patients. (L,T,C,I,A)
  - 2c. Establish and maintain a safe working environment. (L,T,C,I,A)
  - 2d. Request assistance when necessary. (L,T,C,I,A)
  - 2e. Demonstrate knowledge of facility safety policies and procedures. (L,T,C,I,A)
  - 2f. Recognizes physiological and psychological changes in patients. (L,T,C,I,A)
3. Demonstrate a minimum acceptable rating of *Intermediate for Clinical Behaviors* on the CPI.
  - 3a. Demonstrate initiative. (L,T,C,I,A)
  - 3b. Be punctual and dependable. (L,T,C,I,A)
  - 3c. Wear attire consistent with expectations of the work setting and PTA Program. (L,T,C,I,A)
  - 3d. Demonstrate integrity in all interactions. (L,T,C,I,A)
  - 3e. Exhibit caring, compassion, and empathy in providing services to patients. (L,T,C,I,A)
4. Perform with a minimum acceptable rating of *Intermediate for Accountability* on the CPI.
  - 4a. Place patient's needs above self-interests. (L,T,C,I,A)
  - 4b. Identify, acknowledge, and accepts responsibility for actions and reports errors. (L,T,C,I,A)
  - 4c. Take steps to remedy errors in a timely manner. (L,T,C,I,A)
  - 4d. Abides by policies and procedures of the facility. (L,T,C,I,A)
  - 4e. Maintains patient confidentiality. (L,T,C,I,A)
5. Adapts with a minimum acceptable rating of *Intermediate for Cultural Competence* on the CPI.

- 5a. Incorporate an understanding of the implications of individual and cultural differences and adapt behavior accordingly in all aspect of physical therapy services. (L,T,C,I,A)
- 5b. Communicate effectively and with sensitivity. (L,T,C,I,A)
- 5c. Provide care in a nonjudgmental manner when the patients' beliefs and values conflict with the individual's belief system. (L,T,C,I,A)
- 5d. Demonstrate an understanding of the socio-cultural, psychological, and economic influences on patients and responds accordingly. (L,T,C,I,A)
- 5e. Be aware of own social and cultural biases and does not allow biases to negatively impact patient care. (L,T,C,I,A)
- 6. Communicate with a minimum acceptable rating of *Intermediate for Communication* on the CPI.
  - 6a. Communicate with clinical instructor and supervising physical therapist appropriately. (L,T,C,I,A)
  - 6b. Communicate verbally, nonverbally, and in writing with an effective, respectful, and timely manner. (L,T,C,I,A)
  - 6c. Listen actively and attentively to understand what is being communicated by others. (L,T,C,I,A)
  - 6d. Interpret and respond appropriately to the nonverbal communication of others. (L,T,C,I,A)
  - 6e. Adjust the style of communication based on target audience. (L,T,C,I,A)
- 7. Participate with a minimum acceptable rating of *Intermediate for Self-Assessment and Lifelong Learning* on the CPI.
  - 7a. Identify strengths and limitations in clinical performance, including knowledge, skills, and behaviors. (L,T,C,I,A)
  - 7b. Seek guidance as necessary to address limitations. (L,T,C,I,A)
  - 7c. Use self-assessment skills, including soliciting feedback from others and reflection to improve clinical knowledge, skills and behaviors. (L,T,C,I,A)
  - 7d. Acknowledge and accepts responsibility for and consequences of own actions. (L,T,C,I,A)
  - 7e. Establish realistic short and long-term goals in a plan for improving clinical skills and behaviors. (L,T,C,I,A)
- 8. Demonstrate with a minimum acceptable rating of *Intermediate for Clinical Problem Solving* on the CPI.
  - 8a. Present sound rationale for clinical problems solving, including review of data collected and ethical and legal arguments. (L,T,C,I,A)
  - 8b. Seek clarification of plan of care and selected interventions from clinical instructor and/or supervising physical therapist. (L,T,C,I,A)
  - 8c. Collect and compares data from multiple sources to determine patient's readiness before initiating interventions. (L,T,C,I,A)
  - 8d. Demonstrate sound clinical decisions within the plan of care to assess and maximize patient safety and comfort while performing selected interventions. (L,T,C,I,A)
  - 8e. Demonstrate sound clinical decisions within the plan of care to assess and maximize intervention outcomes, including patient progression and/or intervention modifications. (L,T,C,I,A)
- 9. Perform with a minimum acceptable rating of *Intermediate for Intervention: Therapeutic Exercise* on the CPI.
  - 9a. Review plan of care and collects data on patient's current condition to assure readiness for therapeutic exercise. (L,T,C,I,A)
  - 9b. Applies knowledge of contraindications and precautions for selected interventions. (L,T,C,I,A)
  - 9c. Performs selected therapeutic exercise safely, effectively, and in a coordinated and technically competent manner consistent with the plan of care established by the physical therapist. (L,T,C,I,A)
  - 9d. Modify therapeutic exercise with the plan of care to maximize patient safety and comfort. (L,T,C,I,A)
  - 9e. Modify therapeutic exercise within the plan of care to progress the patient. (L,T,C,I,A)
- 10. Apply with a minimum acceptable rating of *Intermediate for Interventions: Therapeutic Techniques* on the CPI.
  - 10a. Review plan of care and collect data on patient's current condition to assure readiness for therapeutic techniques. (L,T,C,I,A)

- 10b. Apply knowledge of contraindications and precautions for selected interventions. (L,T,C,I,A)
- 10c. Perform selected therapeutic techniques safely, effectively, efficiently, and in a coordinated and technically competent manner consistent with the plan of care established by the physical therapist. (L,T,C,I,A)
- 10d. Modify therapeutic techniques within the plan of care to maximize patient safety and comfort. (L,T,C,I,A)
- 10e. Modify therapeutic techniques within the plan of care to progress patient. (L,T,C,I,A)
- 11. Apply with a minimum acceptable rating of *Intermediate for Interventions: Physical Agents and Mechanical Modalities* on the CPI.
  - 11a. Review plan of care and collects data on patient's current condition to assure readiness for physical agents and mechanical modalities. (L,T,C,I,A)
  - 11b. Apply knowledge of contraindications and precautions for selected intervention. (L,T,C,I,A)
  - 11c. Perform selected physical agents and mechanical modalities safely, effectively, efficiently, and in a coordinated and technically competent manner consistent with the plan of care established by the physical therapist. (L,T,C,I,A)
  - 11d. Adjust physical agents and mechanical modalities within the plan of care to maximize patient safety and comfort. (L,T,C,I,A)
  - 11e. Modify physical agents and mechanical modalities within the plan of care to maximize patient response to the interventions. (L,T,C,I,A)
- 12. Apply with a minimum acceptable rating of *Intermediate for Interventions: Electrotherapeutic Modalities* on the CPI.
  - 12a. Review plan of care and collect data on patient's current condition to assure readiness for electrotherapeutic modalities. (L,T,C,I,A)
  - 12b. Apply knowledge of contraindications and precautions for selected interventions. (L,T,C,I,A)
  - 12c. Perform electrotherapeutic modalities safely, effectively, efficiently, and in a coordinated and technically competent manner consistent with the plan of care established by the physical therapist. (L,T,C,I,A)
  - 12d. Adjust electrotherapeutic modalities within the plan of care to maximize patient safety and comfort. (L,T,C,I,A)
  - 12e. Modifies electrotherapeutic modalities within the plan of care to maximize patient response to the interventions. (L,T,C,I,A)
- 13. Perform with a minimum acceptable rating of *Intermediate for Interventions: Functional Training and Application of Devices and Equipment* on the CPI.
  - 13a. Review plan of care and collect data on patient's current condition to assure readiness for functional training and application of devices and equipment. (L,T,C,I,A)
  - 13b. Apply knowledge of contraindications and precautions for selected interventions. (L,T,C,I,A)
  - 13c. Perform functional training and application of devices and equipment safely, effectively, efficiently, and in a coordinated and technically competent manner consistent with the plan of care established by the physical therapist. (L,T,C,I,A)
  - 13d. Adjust functional training and application of devices and equipment within the plan of care to maximize patient safety and comfort. (L,T,C,I,A)
  - 13e. Modify functional training and application of devices and equipment within the plan of care to maximize patient response to the interventions. (L,T,C,I,A)
- 14. Produce with a minimum acceptable rating of *Intermediate for Documentation* on the CPI.
  - 14a. Select relevant information to document the delivery of physical therapy care. (L,T,C,I,A)
  - 14b. Document all aspect of physical therapy care provided. (L,T,C,I,A)
  - 14c. Produce documentation that is accurate, concise, timely, legible, grammatically and technically correct. (L,T,C,I,A)
  - 14d. Produce documentation consistent with guidelines, format, and requirements of the facility, regulatory agencies, and third-party payers. (L,T,C,I,A)

15. Participate with a minimum acceptable rating of *Intermediate for Resource Management* on the CPI.
  - 15a. Schedule patients, equipment, and space. (L,T,C,I,A)
  - 15b. Coordinates with physical therapist and others to facilitate efficient and effective patient care. (L,T,C,I,A)
  - 15c. Sets priorities for the use of resources to maximize patient and facility outcomes. (L,T,C,I,A)
  - 15d. Uses time effectively. (L,T,C,I,A)
  - 15e. Utilizes the facility's information technology effectively. (L,T,C,I,A)

## Clinical Grading Criteria

Students will be evaluated on each clinical rotation by the clinical instructor using the APTA Clinical Performance Instrument (CPI). The Academic Coordinator for Clinical Education (ACCE) assigns the course grade based on the CPI, Generic Abilities, and additional grading criteria. Per the CPI, the ACCE may also consider the:

- *clinical setting*
- *experience with patients in that setting*
- *relative weighting or importance of each performance criterion*
- *expectations for the clinical experience*
- *expectations of the clinical site*
- *progression of performance from mid-experience to final evaluations*
- *level of experience within the didactic and clinical components*
- *whether or not "significant concerns" box or "with distinction" box were checked*
- *congruence between the CI's narrative mid-experience and final comments related to the five performance dimensions and the ratings provided*
- *additional assignments (eg, journal, in-service education provided)*
- *site visit information*

## Minimum Passing Criteria

Students must meet the minimum passing criteria in order to pass the clinical rotation. The minimum passing criteria for each rotation is as follows:

### Clinical Rotation I

- Completes a minimum of 160 hours of clinical education.
- Receives a minimum acceptable rating of *Advanced Beginner* for all 14 criteria applicable to an acute care setting on the CPI.
- Receives a minimum acceptable rating by the ACCE of *Beginning Level Behaviors* on the Generic Abilities.

### Clinical Rotation II

- Completes a minimum of 280 hours of clinical education.
- Receives a minimum acceptable rating of *Intermediate* for all 14 criteria applicable to the setting on the CPI for this clinical rotation or on a previous clinical rotation.
- Receives a minimum acceptable rating by the ACCE of *Developing Level Behaviors* on the Generic Abilities.

### Clinical Rotation III

- Completes a minimum of 280 hours of clinical education.
- Receives a minimum acceptable rating of *Entry-Level* for all 14 criteria applicable to the setting on the CPI for this clinical rotation or on a previous clinical rotation.
- Receives a minimum acceptable rating by the ACCE of *Entry Level Behaviors* on the Generic Abilities.

## Additional Grading Criteria

The grade for the clinical rotation will also be based on the following:

- Sends the packet to the clinical site by the due date.
- Completes and signs off on the *Midterm Self-Evaluation* in CPI Web by the due date.
- Completes and signs off on the *Final Self-Evaluation* in CPI Web by the due date.
- Submits the *APTA PTA Student Evaluation: Clinical Experience and Clinical Instruction* to the ACCE by the due date.
- Submits the *SJC Anonymous Student Evaluation of Clinical Rotation* to the ACCE by the due date. Presents an in-service to the staff during at least one of the three clinical rotations. Students may be required to do more than one presentation upon request by the facility. The topic should be agreed upon by the student and the CI.

Clinical Grade	
% of Grade	Description
50%	CPI Rating including In-Service (if requested by the site)
25%	Generic Abilities
5%	Packet
5%	Midterm Self-Evaluation
5%	Final Self-Evaluation
5%	APTA PTA Student Evaluation: Clinical Experience and Clinical Instruction
5%	SJC Anonymous Student Evaluation of Clinical Rotation

## Attendance

Students are required to follow the CI's work schedule. During the clinical rotation, students are required to be at the facility full-time for a minimum of 40 hrs/wk. The student may be required to work more than 40 hrs/wk at the discretion of the CI. If the clinical instructor does not work 40 hrs/wk, then the student may work with another PT, PTA, or appropriate health care professional to meet the full-time requirement at the discretion of the CI and ACCE. The student may also complete special projects to meet the full-time requirement at the discretion of the CI and ACCE.

## Absenteeism

If you are absent from the clinic for any reason during the CI's work schedule, you are required to discuss the reason with your CI and ACCE prior to your absence except for emergencies. In the case of emergencies, the student should notify the CI and ACCE as soon as possible. Students are required to make-up any time due to absences. San Juan College closure due to holidays or inclement weather does not affect PTA students on clinical rotations.

## Remediation

If the student does not meet the minimum passing criteria for a clinical rotation, then remediation will be necessary. The ACCE will develop a student learning plan to facilitate the student's progress toward a passing level. This remediation may delay progression through the program and/or graduation.

If a student is required to repeat a clinical rotation, the highest possible grade will be a C grade. The clinical rotation must be repeated in the same type of facility. Placement is dependent upon the availability of another facility of the same type. An additional placement is not guaranteed.

Of the three clinical rotations, only one rotation may be repeated. If a student fails a second clinical rotation, the student will be dismissed from the program.

## Dismissal

The Clinical Coordinator for Clinical Education (CCCE), clinical instructor (CI), and/or ACCE has the right to dismiss a student from a clinical rotation. This dismissal may result in a failing grade for the clinical rotation. Dismissal from a clinical rotation may result in dismissal from the program.

Students who do not adhere to the requirements outlined in the SJC PTA Program Student Handbook may not pass the clinical rotation and may subsequently be dismissed from the program. Options to return to the program will be at the discretion of the Program Director.

**Assessment Techniques Used But Not Limited To:**

- 1. CPI
- 2. Midterm and Final Report for each clinical externship.
- 3. Evaluative communication between the ACCE and CI during each clinical externship via telephone, email, and/or site visit.

**Accommodations Statement**

Students who need accommodations (i.e., note taker, interpreter, special seating, etc.) need to provide accommodation notices to the instructor. Students can contact the Students with Disabilities on Campus (SDOC) Coordinator in the Counseling Center, located in the Administration Building, to make arrangements and provide documentation in accordance with the Americans with Disabilities Act of 1990.

**Academic Honesty Rules**

San Juan College expects all students to adhere to the Academic Honesty Rules as posted on our website, <http://www.sanjuancollege.edu/academichonesty>. All Health Sciences Programs have a responsibility to ensure enrolled students and graduates are safe, ethical and competent practitioners. To ensure professionalism, students and faculty must uphold and abide by college and program accreditation specific policies.

**Syllabus developed and/or reviewed by:**

Dean of Health Sciences:	_____ Signatures on file _____	Date: _____
On-Campus PTA Program Director:	_____	Date: _____
Online PTA Program Director:	_____	Date: _____
PTA Program Faculty:	_____	Date: _____
PTA Program Faculty:	_____	Date: _____
PTA Program Faculty:	_____	Date: _____