

CATALOG DESCRIPTION:

This course is designed to increase student awareness of the role that interpersonal communication plays in creating and maintaining personal and professional relationships. Emphasis of instruction is on improving one-on-one communication skills. Topics covered include self-concept, perception, non-verbal communication, listening, feedback, language, intercultural communication, and conflict resolution.

Prerequisites: Co-requisite Reading 095

Semester Offered: Fall, Spring, Summer

Common Student Learning Outcomes

Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...

BROAD AND SPECIALIZED LEARNING

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

CRITICAL THINKING

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

CULTURAL AND CIVIC ENGAGEMENT

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

EFFECTIVE COMMUNICATION

Students will exchange ideas and information with clarity in multiple contexts.

INFORMATION LITERACY

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

INTEGRATING TECHNOLOGIES

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.

Course Learning Outcomes

GENERAL LEARNING OBJECTIVES

- 1. Understand the ways in which communication creates and defines relationships.
- 2. Become aware of personal communication choices in personal and professional settings.
- 3. Learn and practice new communication skills.

SPECIFIC LEARNING OUTCOMES

Upon successful completion of the course, the student will be able to ...

- 1. Discuss the ways in which self-concept affects our relationships.
- 2. Identity ways in which our perceptions of the world differs from others' and how those differences affect our relationships.
- 3. Distinguish between facilitative and debilitative emotions.
- 4. Apply a variety of tools for minimizing debilitative emotions.
- 5. Choose language which effectively expresses our thoughts, decreases defensiveness in others, and takes personal responsibility for our actions.
- 6. Identify impressions gained through non-verbal communication.
- 7. Use active listening techniques in everyday conversations.
- 8. Employ a variety of conflict resolution techniques which consider the needs of all parties.
- 9. Discuss gender and intercultural differences which can affect relationships.

Syllabus developed by	Date:
Syllabus reviewed by	Date:

A current syllabus must be on file in the dean's office for every course being taught during a given semester.