



OTAP 200 Mental Health and OT Interventions section name section credit hours Credits
Syllabus

Course Information

Meeting times and location: section meeting_times section location

Catalog description: Study of the promotion of mental health through occupational therapy assessment/evaluation tools and intervention strategies using various frames of reference. Includes a survey of conditions and use of group process and group dynamics.

Terms offered: Summer Only

Section-specific Course Description:

Course Level Objectives

Upon successful completion of the course, the student will be able to...

1. Identify and explain psychiatric diagnoses and medical treatments.
 - 1a. Describe symptoms for major psychiatric disorders. (B.1.2., B.2.6.)
 - 1b. Describe the major classifications of drugs and the effect of drugs used in psychiatric disorders. (B.1.2., B.1.3., B.2.6.)
2. Identify components that impact the health and wellness and occupational functioning in individuals with mental illness.
 - 2a. Describe the changing role of occupational therapy in psychosocial practice including the effect regulatory factors. (B.1.2., B.4.1., B.4.2.)
 - 2b. Discuss the meaning and dynamics of occupation and purposeful activity (OTPF) to include the

interaction of performance areas, performance components, and performance contexts. (B.1.2., B.1.3., B.2.2., B.2.3., B.2.4., B.2.5., B.3.2., B.3.9.)

2c. Differentiate among occupation, activity, and purposeful activity as they apply to mental health and well-being. (B.2.3., B.2.4., B.3.9.)

2d. Demonstrate the effects of mental illness to the individual within the context of family and society. (B.1.2., B.1.3.)

2e. Explain the relevance of an OT/OTA's attitude or understanding of client's cultural background and their sociocultural context. (B.1.2, B.4.2.)

3. Demonstrate ability to effectively select, plan, conduct, modify, and document evidenced-based evaluations and intervention strategies to facilitate occupational performance and participation for individuals with mental illness.

3a. Utilize selected evaluation tools and intervention techniques related to a variety of occupational therapy models of practice and frames of references for the elder population. (B.2.1., B.3.3, B.3.5.)

3b. Based on a video or written case study, select appropriate data (including age, gender, socioeconomic status & sociocultural context) for the purpose of screening and evaluation to include, but not limited to, specified screening assessments, skilled observation, checklists, histories, interviews with the client/family/significant others, and consultations with other professionals. (B.1.2., B.1.3., B.2.1., B.3.2., B.3.3., B.3.5., B.3.21., B.3.22.)

3c. Describe appropriate occupational therapy interventions for specific diagnoses that demonstrate an appreciation for quality of life, well-being, and occupation in promoting the achievement of positive mental health. (B.2.8., B.3.9., B.3.6., B.3.8., B.3.19., B.4.3., B.2.10., B.2.11.)

3d. Evaluate intervention outcomes and make appropriate recommendations for follow-up care of a

given intervention plan. (B.3.7., B.3.17., B.3.10., B.2.10.)

3e. In a fieldwork and laboratory setting, demonstrate therapeutic use of self, assessment, intervention, and documentation techniques based on individual and group interactions, as a means of achieving therapeutic goals. (B.2.8., B.3.1., B.3.2., B.3.3., B.3.6., B.3.8., B.3.9., B.4.19., B.4.3., B.2.10.)

3f. In collaboration with the occupational therapist, demonstrate the ability to use professional literature to make evidence-based, psychosocial practice decisions. (B.2.1., B.5.1)

3g. Demonstrate ability to read and understand scholarly reports in order to identify how scholarly activities can be used to evaluate professional practice, service delivery, and/or professional issues (B.5.1., B.5.3.)

The numbers in parentheses following each objective correlate to the 2023 OTA educational standards established by the Accreditation Council for Occupational Therapy Education.

Curriculum Correlation

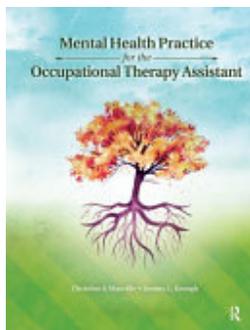
The San Juan College OTA Program curriculum design is supported throughout all courses and is evident in our methods of instruction and assessment. The curricular threads woven throughout the program are:

- Evidence based practice that supports critical thinking and engagement in effective clinical reasoning.
- Occupation-based practice focusing on meaningful, client centered interventions.
- Community engagement through partnerships with local organizations within our community to enhance student learning and success.
- Experiential learning to engage students and enrich knowledge acquisition skills.
- Professionalism to foster positive and ethical work behaviors and relationships.

OTAP 200

Third semester course that emphasizes professionalism and utilizes experiential learning, to study conditions and the promotion of mental health through occupational therapy assessment tools and evidence and occupation-based intervention strategies. Includes both classroom and community-based opportunities to apply group processes and dynamics to address the effects of mental health on occupational performance.

Required Texts and/or Materials



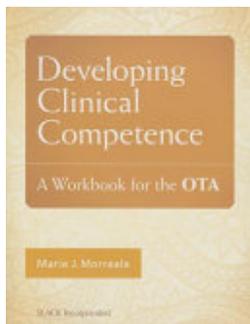
Mental Health Practice for the Occupational Therapy Assistant

9781617112508

Christine A. Manville, Jeremy L. Keough

Slack Incorporated

2016-01-15



Developing Clinical Competence

9781617118159

Marie Morreale

Slack

2014-10-01

Required Technology and Software

- Canvas
- Chrome, Safari, or Firefox

Technical Support

Technical support is available through the San Juan College Help Desk 24/7/365. The help desk can be reached at 505-566-3266 or by creating a ticket at [San Juan College Help Desk](#).

For password reset and Canvas support, visit the [Student Technology Guide](#) website.

Accessibility/Privacy Policies for all Technology Tools Used

[Accessibility/Privacy Policies for all Technology Tools Used](#)

Course Requirements

Methods of Instruction:

Material will be presented using a combination of visual, auditory, and kinesthetic aids to promote optimal learning of knowledge necessary for providing occupational therapy services.

Lecture	Written and Oral Assignments	Assigned Readings
Audio/Visuals	Group Discussions	Demonstration
Handouts	Lab Practice	Guest Speakers
Role-Playing	Simulation (virtual and face-to-face)	Internet exploration
Case Studies	Interactive Video Libraries	Service Learning Activities

Assessment Strategies:

To assure the acquisition of knowledge, skills, attitudes, professional behaviors, and competencies, students may be assessed using the following methods: content exams, practical skill exams, video submissions, written assignments, group work, demonstration, discussion posts, presentations, homework, and service learning.

Healthy and Safe Practices for Being on Campus

We want a healthy and safe campus for students, faculty, staff, and guests.

Contagious diseases and your responsibility:

If you have COVID-19 symptoms, fever, flu or even the common cold, you should stay home. Do not come to campus if you are feeling sick. Contact your instructor about missing class (and review your

instructor's policies on missed or late work). Being sick does not necessarily excuse you from completing your work on time.

Safety on campus and your responsibility:

If you are on campus and experience or witness an emergency, call 9-1-1 first and then the Department of Public Safety at 505-566-3333 (or just 3333 if calling from a campus phone).

When you are on campus, be aware of your surroundings. If you need an escort to your vehicle, call 505-566-4444 (DPS non-emergency line) or 505-215-3091 (officer on duty line).

The College will send information for campus emergencies through SJC AlertAware, email and the webpage. Stay informed and stay safe.

Student Support

At San Juan College, we are committed to supporting your academic success and overall well-being. We recognize that college life can be challenging and stressful, impacting both learning and personal health. We are here to help you succeed.

Academic Support and Resources

We provide a range of academic support services to help you stay on track on your educational journey. Free resources include tutoring, computer loans, life skills workshops, and so much more. Visit the [Academic Support and Resources](#) webpage to learn more about support and resources available through Academic Advising, the Tutoring Center, the Student Resource Center (formerly Student Achievement Center) and the Testing Center.

Student Support and Resources

If you or someone you know could benefit from counseling, accessibility services, career exploration, veteran transitional assistance, or any of our other support services, visit the [Student Support and Resources](#) webpage where you'll find detailed information about various resources available to you as an SJC student.

We encourage you to take advantage of these free resources to enhance your college experience and ensure your success.

Participation and Attendance Policy

Attendance

This program is preparation for a career as a professional; the attendance policy reflects what is expected for continued employment. Students are expected to regularly attend all classes. Valid reasons for missing classes do not relieve the student of making up any missed work. The student is responsible for making up all lost work. If the student misses a class, he/she is required to obtain the lecture notes from another student. If the student misses lab, he/she must contact the instructor to make arrangements to make-up for any missed instruction.

The student must contact the instructor of record prior to the class, lab, or fieldwork day to report an intended absence/tardy. The student must provide a bona fide reason for missing class, lab, or clinic (i.e. emergencies, severe illness, death). Such things as appointments and vacation are not appropriate reasons. If the student misses class for an extended period of time due to an emergency, severe illness, or a death in the family, they must provide written documentation for the absence/tardy. Please do not call a fellow student and ask them to tell the instructor, director or administrative assistant that you will be late.

Mandatory Coursework Outside of Regularly-Scheduled Class Time

At times, there are opportunities for students to be involved in fieldwork or special coursework related activities which do not fall during class times; this may be in the evenings, non-class days, or weekends. Faculty will provide as much notice as is possible. Attendance is mandatory and students will be counted absent if unable to attend. Past events include but is not exhaustive: New Student Picnic, CarFit, OT day in Santa Fe, and Inter-professional education simulation day.

Absences

Students are not allowed to miss or have more than three days of absences without a grade penalty, in each course every semester.

Tardiness

Tardiness is a form of absenteeism, is disruptive and disrespectful to the class. A student who arrives after the start of published class time will be considered "tardy". Two "tardies" will equal one absence. Students arriving late must notify the instructor class to change the "absence" to a "tardy". Leaving class or lab early is also considered an incidence of tardiness. The student will be considered absent if a student misses more than 30-minutes (any combination of time) of a course which lasts two or more hours.

The following disciplinary actions in regards to attendance apply for each course, each semester:

Tardiness System Chart - Two Tardies Equal an Absence

Number of Absence/ Tardies	Form of Action Results
First Absence/2 Tardies:	Verbal Warning
Second Absence/4 Tardies:	Written Warning and Formal Plan of Action

Third Absence/6 Tardies:

Written Warning, Formal Plan of Action, and Final
Course Grade Lowered by 10 Points

For all lecture/lab courses, the first absence/tardy 1 & 2 will result in a verbal warning. The second absence/tardy 4 will result in a written (i.e. formal plan of action). After the third absence/tardy 6, the student will receive a written warning and the course grade will be lowered by ten (10) points for that specific course. If the student currently has a course grade of "C" for that semester, the student will be at risk for dismissal from the program.

Other Classroom Policies and Expectations

Student Evaluations

A. Examinations will be given in all class and lab. Lecture exam format may include multiple choices, matching, true/false, short answer/fill in the blank, or essay. Lab exams may consist of multiple choices, short answer/fill in the blank, matching, or skills practical/check-off. Fieldworks courses may include assignments and evaluations.

B. Students may access grades at any time via the Learning Management System. Midterm grade reports will be given to the student. The midterm grade report will document current progress for each lecture/lab course. Pass/fail will be reported for midterm fieldwork progress. It is the responsibility of the student to maintain personal records and be aware of their individual exam scores and status in each course.

C. Academic Honesty Rules: San Juan College expects all students to adhere to the Academic Honesty Rules as posted online: <https://www.sanjuancollege.edu/studenthandbook/> in the Student Handbook and planner [https://www.sanjuancollege.edu/media/sanjuancollegeedu/documents/student-services/student-policies/Welcome-to-San-Juan-College-\(ADA-Compliant\).pdf](https://www.sanjuancollege.edu/media/sanjuancollegeedu/documents/student-services/student-policies/Welcome-to-San-Juan-College-(ADA-Compliant).pdf) . These are the official guidelines for all classes at San Juan College.

D. Make-up Examinations: All major exams, including practical examinations and finals are to be taken at their scheduled times and dates.

1. Make-up exams are at the discretion of the instructor.

1. Students with appointments on examination days should email the instructor via Canvas to schedule to take the examination early. Students who take exams early obtain full credit.
2. For students with unexpected situations on examination days (illness, accidents, etc.), it is the responsibility of the student to contact the course instructor via Canvas email within 24 hours to determine a possible make-up exam time. Students who contact the

instructor within 24 hours of an exam may receive only a maximum grade of 80, at the discretion of the instructor.

3. A "0" (zero) will be recorded if the student is absent and does not notify the instructor via Canvas email within 24 hours of the exam start time.
2. Make-up exams will cover the same original exam content; however, the exam may be presented in a different format. The length of time for the exam will be the same as the original.
3. Pop quizzes may be given during class that covers the assigned reading material. Pop quizzes cannot be made up. The value of the quizzes will be incorporated into the student's total grade.

E. Late Assignments

Assignments are due in the manner as directed in Canvas.

- Assignments not submitted per Canvas instructions but received within 24 hours will be given a starting grade of 80. Any deficiencies in the quality of the assignment will result in the lowering of the grade.
- Assignments received 24 hours after the Canvas assignment due date and time will be given a "0" (zero).
- Any variation to this policy must be clearly stated in the course guide or as a written explanation with the specific assignment.

F. Late Fieldwork Assignments

Students are expected to complete and turn in all fieldwork assignments on time. Late work policies are clearly stated in course materials.

G. Lab Practical Examinations

Students have a total of three attempts to pass any lab exam taken in the program (the initial practical exam and two additional attempts). If you do not pass the first exam, you must meet with the instructor to review areas of deficiency. A second attempt will be scheduled and you will be given no higher than an 80% as a passing score. If you require a third attempt, additional remediation with instructor will be necessary and you will be given no higher than a 70% and if you fail the third attempt, you will be given a score of zero, and this may result in a failing grade for the course and options will be discussed.

H. Testing Accommodation Information

Students will receive a schedule of test dates on the first day of class. Students with disabilities are expected to contact Disability Services to schedule all tests for the semester at this time.

Students who are taking tests at Disability Services must complete scheduled examinations within 24 hours of the original class test time, unless written permission is given by the instructor for extenuating

circumstances. (505)5663404 or <https://www.sanjuancollege.edu/student-services/advising-and-counseling-center/disability-services/>

For students with unexpected situations on examination days (illness, accidents, etc.), it is the responsibility of the student to contact the course instructor via Canvas email and Disability Services within 24 hours to determine a possible make-up exam time. Students who contact the instructor within 24 hours of an exam may receive only a maximum grade of 80, at the discretion of the instructor. The student is responsible to schedule a make-up exam for as soon as possible with Disability Services and must notify the instructor of the alternate time.

If for any reason other than stated above students must change the testing time that was scheduled, arrangements must be made in advance. Students are responsible to schedule the alternate test time with Disability Services AND notify the instructor of the time AT LEAST 72 hours prior to the original test time. Students who do not schedule the alternate test time or contact the instructor in the above time frames are eligible to take the test but may receive a maximum score of 80, at the discretion of the instructor.

If you need accommodations during fieldwork rotations, you must notify the OTA Fieldwork Coordinator, so that the program and disability services can assist you.

Electronic Devices in the Classroom

As stated in the SJC Student Handbook, the student is expected to show respect for others when using electronic devices. Cell phone use for purposes other than for informatics is limited to break times only. Students are required to silence and store out of sight all electronic communication devices such as cellular phones, laptops, etc. when in classrooms, laboratories, libraries, clinics, or other areas where such devices would interfere with instruction and learning. Students are required to become familiar with and to adhere to the cell phone usage policies established by the fieldwork facilities.

Human Touch and Draping Policy

Students in the OTA program are entering a profession that requires touch and manipulation of the musculoskeletal system and use of physical agent modalities. Throughout the education and training in the OTA program students will be required to apply occupational therapy procedures and techniques on each other and instructors during lab classes. San Juan College faculty may also apply these procedures and techniques. All laboratory procedures and techniques are intended for educational purposes and shall be applied in a respectful and dignified manner. If the student has a condition, cultural differences, or a problem with physical contact involved with any procedure or technique, it is the student's responsibility to discuss this with the course instructor.

If at any time during an OT technique, if you experience pain or discomfort, inform the primary instructor immediately. A decision will be made as to whether or not medical attention is necessary. If necessary, you will be referred to Urgent Care or the hospital emergency room.

During “mock treatments” draping will be used to expose selected body parts or areas. It is your responsibility to report any unprofessional draping received or observed to the instructor.

Lab Attire

In order to practice palpation skills, apply physical agents, or perform exercises, students need to wear clothing to expose the limbs appropriately. Loose shorts, sweat pants, and tank tops or swimsuit tops may be kept in the student’s OTA locker. In addition, closed-toe shoes appropriate for the lab activities must be worn.

Class Presentation and Lab Practical Examination Dress Code

On the day of lab or practical exams, business casual attire is required. This attire can consist of pants/slacks or scrub sets. Close-toed shoes and hose/socks are to be worn, tennis shoes are acceptable. Open-toed or open-backed shoes are not to be worn. Artificial or long nails and inappropriate clothing for labs is unacceptable. Also, offensive body odor (please use deodorant), mouth odor (please use mouthwash or have gum with you), or tattoos (please cover them if advised by staff) are not appropriate for the lab or classroom setting. Piercings may need to be covered or removed as advised by staff. You will be working closely with other individuals and proper hygiene is required. No jeans of any color, leggings, or low-cut tops allowed.

In Class Eating and Drinking

Eating and drinking are allowed during class time unless otherwise instructed by faculty for safety reasons. Students are responsible for cleaning the classroom on a daily basis per the clean-up list.

Canvas Participation and Expectations

The expectation is that each student will access Canvas accordingly throughout the course to complete necessary preparation work and assignments. Please refer often to the Course Calendar.

Instructor Response Times & Regular Interaction Expectations

Instructor will respond to questions via phone or email within 24 hours during the work week. It may take up to 48 hours to respond to questions sent over the weekend. Assignments are graded within one week of the due date. Tests/quizzes will be graded within 24-48 hours of the date offered.

Course Time Commitment

Expect to spend 7-10 hours a week to complete the necessary readings, assignments, and preparation needed to fully participate in class.

Grading

Final grades are calculated based on the following...

OTAP 200 Course Requirement Weighting Structure

Assessment Category	Weight
Quizzes - 7 chapter tests (lowest score dropped)	22%
Final Practical Exam (with observations)	10%
Final Written Exam (comprehensive)	25%
Team Assignments	16%
Individual Assignments	20%
MH Gertrude Case Study	7%

All courses within the OTA curriculum, without exception, must be completed with the award of the grade of "C" or higher. The following is the official method of grading:

Grading System Chart

Percentage	Letter Grade	Points Per Semester Hour
90 - 100	= A	= 4 points per semester hour
80 - 89.99	= B	= 3 points per semester hour
70 - 79.99	= C	= 2 points per semester hour
60 - 69.99	= D	= 1 point per semester hour
Below 59	= F	= 0 point per semester hour

NOTE: All courses within the OTA Program curriculum, including pre-requisites and general education courses, must be completed with a grade of "C" or higher to complete the degree plan. It is vitally important that the student be aware of their running average in each class and to recognize when assistance or tutoring is needed. Each student must take the responsibility to approach the instructor for guidance in studying or to discuss grades. Each student will meet twice with faculty every semester to review academic standing and progression through the program.

Key Dates to Remember

[Full Academic Calendar](#)

College Policies and Resources for Current Students

The [Student Handbook](#) provides information on student support, student organizations, and student conduct policies at San Juan College.

The San Juan College catalog outlines the [Academic Policies](#) students need to know.

Inclement Weather Information

Students will receive notification of class delays and cancellations due to inclement weather via the SJC AlertAware and SJC student email. Face-to-face classes will not meet in person; however, students are advised to check with instructors about alternative meeting options, as some may choose to meet via zoom. Hybrid classes will meet as scheduled via zoom. For questions regarding your class delay or cancelation, please contact your instructor.

Online Course Fee

Online Courses - San Juan College requires all online courses to include some form of assessment to demonstrate the mastery of course objectives. This could include exams, capstone projects, e-portfolios, presentations, final papers or other appropriate assessments. The use of a proctoring platform, plagiarism detection software or other method to ensure that assessments are completed by the enrolled student is required.

A course fee of \$5.00 is assessed for all online courses at San Juan College to cover the cost of the above services. Students who are required to take a proctored exam and choose to use a physical testing center outside the SJC Testing Center or SJC Disability Services will be responsible for the cost of using that center.