

**HLSC-113 DRUGS AND DISEASES**      2 CREDITS

**SYLLABUS**

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**CATALOG DESCRIPTION**

This course is designed for individuals interested in improving total fitness and learning about various concepts of health, wellness, and fitness. The course will assist the student in improving cardiovascular fitness, strength, flexibility and/or body composition. Meets Physical Education activity requirements for AA degree.

Prerequisites: None

Semester Offered: Fall, Spring, and Summer

***COMMON STUDENT LEARNING OUTCOMES***

*Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...*

**BROAD AND SPECIALIZED LEARNING**

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

**CRITICAL THINKING**

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

**CULTURAL AND CIVIC ENGAGEMENT**

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

**EFFECTIVE COMMUNICATION**

Students will exchange ideas and information with clarity in multiple contexts.

**INFORMATION LITERACY**

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

**INTEGRATING TECHNOLOGIES**

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.

**COURSE LEARNING OUTCOMES**

*Upon successful completion of the course, the student will be able to...*

1. Understand the concepts of some of the most common diseases and the drugs that treat them.
2. Describe the basic routes of administration of drugs.
3. Demonstrate knowledge of various health care regulations and how they pertain to dispensing of certain types of drugs (ex. Narcotics).
4. Understand the six rights of correct drug administration.