

PTAP-250 PROCEDURES III 4 CREDITS

SYLLABUS

CATALOG DESCRIPTION

Clinical procedures related to patient care including cervical and lumbar traction. Application of electrotherapy modalities such as IFC, Premodulation, TENS, Combo, NMES, Russian, Biphasic, Iontophoresis, HVES, and Biofeedback. Study of hydrotherapy and aquatic therapy.

Prerequisites: PTAP 140, PTAP 160

Co-Requisites: PTAP 230

Semester Offered: Fall for On-Campus Program; Summer for Online Hybrid Program

COMMON STUDENT LEARNING OUTCOMES

Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...

BROAD AND SPECIALIZED LEARNING

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

CRITICAL THINKING

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

CULTURAL AND CIVIC ENGAGEMENT

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

EFFECTIVE COMMUNICATION

Students will exchange ideas and information with clarity in multiple contexts.

INFORMATION LITERACY

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

INTEGRATING TECHNOLOGIES

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.

COURSE LEARNING OUTCOMES

Upon successful completion of the course, the student will be able to...

1. Apply the principles of traction.

2. Apply the principles of electrotherapy.
3. Educate mock patients on the safe use of hydrotherapy and aquatic therapy.
4. Explain outcome assessment related to course content.
5. Practice generic abilities related to course content.
6. Describe basic concepts related to the *APTA Guide to Physical Therapist Practice*.

SPECIFIC LEARNING OBJECTIVES

Upon successful completion of the course, the student will be able to...

1. Apply the principles of traction.
 - 1a. Explain the indications, contraindications, precautions, and physiological response related to manual cervical traction, mechanical cervical traction, and mechanical lumbar traction.
 - 1b. Demonstrate competency in the application of traction techniques to meet requirements outlined in the skill check and lab exam.
2. Apply the principles of electrotherapy.
 - 2a. Explain the indications, contraindications, precautions, and physiological response related to electrotherapy techniques such as IFC, Premodulation, TENS, Combo, NMES, Russian, Biphasic, Iontophoresis, HVES, and Biofeedback.
 - 2b. Demonstrate competency in the application of electrotherapy techniques to meet requirements outlined in the skill check and lab exam.
3. Educate mock patients on the safe use of hydrotherapy and aquatic therapy.
 - 3a. Explain the indications, contraindications, precautions, and physiological response related to hydrotherapy and aquatic therapy.
4. Explain outcome assessment related to course content.
 - 4a. Identify equipment and resources necessary for discharge.
 - 4b. Finalize a functional home exercise program including ADLs.
 - 4c. Provide input to the supervising physical therapist about outcomes.
5. Practice using Professional Behaviors Student's Self-Assessment criteria related to course content
 - 5a. Commitment to Learning – Demonstrate the ability to self-assess, self-correct, and self-direct. Identify needs and sources of learning. Seek new knowledge and understanding.
 - 5b. Interpersonal Skills – Demonstrate the ability to interact effectively with patients, families, colleagues, other health care professionals, and the community. Demonstrate the ability to effectively deal with cultural and ethnic diversity issues.
 - 5c. Communication Skills – Demonstrate the ability to communicate effectively (i.e., speaking, body language, reading, writing, and listening) for a varied audiences and purposes.
 - 5d. Effective Use of Time – Demonstrate the ability to obtain maximum benefit from a minimum investment of time and resources.
 - 5e. Use of Constructive Feedback – Demonstrate the ability to identify sources and seek out feedback and to effectively use and provide feedback for improving personal interaction.
 - 5f. Problem-Solving – Demonstrate the ability to recognize and define problems, analyze data, develop and implement solutions, and evaluate outcomes.
 - 5g. Professionalism – Demonstrate the ability to exhibit appropriate professional conduct and to represent the profession effectively.
 - 5h. Responsibility – Demonstrate the ability to fulfill commitments and to be accountable for actions and outcomes.
 - 5i. Critical Thinking – Demonstrate the ability to question logically; to identify, generate, and evaluate elements of a logical argument; to recognize and differentiate facts, illusions, assumptions, and hidden assumptions; and to distinguish the relevant from the irrelevant.
 - 5j. Stress Management – Demonstrate the ability to identify sources of stress and to develop effective coping behaviors.
 - 5k. Use a SOAP note format to document lab skills.

6. Describe basic concepts related to the *APTA Guide to Physical Therapist Practice*.
 - 6a. Integrate basic concepts presented in the *APTA Guide to Physical Therapist Practice* related to course content.
 - 6b. Identify the parameters of the scope of practice of the PTA related to course content.