

NMNC-1235 ASSESSMENT AND HEALTH PROMOTION 4 CREDITS

SYLLABUS

CATALOG DESCRIPTION

This course introduces the nursing student to assessment and health promotion for the health care participant as an individual, a family, or a community. This course utilizes seminar, laboratory, and/or clinical settings. The student is given the opportunity to assess physical health, health/illness beliefs, values, attitudes, developmental level, functional ability, culture, and spirituality of the participant. The student also assesses family health including family health history, and environmental exposures to identify current and future health problems. Community health needs are identified through collaborative community assessment and evidence-based practice. Assessment data are shared through communication with healthcare professionals to identify needed interventions. The student is given the opportunity to analyze educational materials for literacy level.

Prerequisites: See ADN/BSN Program of Study

Semester Offered: Fall, Spring

COMMON STUDENT LEARNING OUTCOMES

Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...

BROAD AND SPECIALIZED LEARNING

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

CRITICAL THINKING

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

CULTURAL AND CIVIC ENGAGEMENT

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

EFFECTIVE COMMUNICATION

Students will exchange ideas and information with clarity in multiple contexts.

INFORMATION LITERACY

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

INTEGRATING TECHNOLOGIES

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.

COURSE LEARNING OUTCOMES

Upon successful completion of the course, the student will be able to...

LEVEL TWO OBJECTIVES

Upon successful completion of Level Two, the student will be able to...

1. Recognize and assess diverse patients' values related to health.
2. Apply safety measures to well patient populations.
3. Implement evidence-based practices in care of well populations across the lifespan.
4. Adhere to policies and procedures in healthcare delivery settings.
5. Communicate with other healthcare providers to meet the needs of well patients.
6. Utilize informatics for well patient care.

COURSE OBJECTIVES

Upon successful completion of the course, the student will be able to...

1. Assess physical health including a focus on the health/illness beliefs, values, attitudes, developmental level, functional ability, culture, and spirituality of the participant.
2. Assess family health including a focus on family health history, environmental exposures, and family genetic history to identify current and future health problems.
3. Collaborate with a community to assess their health needs.
4. Utilize community assessment data and evidence-based practice as basis for identifying community health needs.
5. Document health assessments in electronic health record or written formats.
6. Share community assessment data with other healthcare professionals to identify needed interventions.
7. Explain the role of the nurse in relation to advocacy for the health care recipient.

COURSE COMPETENCIES

Upon successful completion of the course, the student will be able to...

1. Identify patient's values, beliefs and attitudes.
2. Effectively communicate patient's values, preferences and expressed needs.
3. Recognize the need for health care access related to diverse populations.
4. Anticipate, identify, and eliminate potentially harmful situations in a wellness setting with guidance.
5. Identify system contributions to clinical errors and near misses in a wellness setting, with guidance.
6. Implement evidence-based procedures to reduce harm, promote safety, and improve care in a wellness setting with guidance.
7. Describe the relationship between evidence and clinical practice.
8. Assess outcomes of care when using evidence-based approaches, with guidance.
9. Demonstrate knowledge of evidence-based protocols/pathways when providing nursing care.
10. Illustrate scope of practice within assigned education/practice environments.
11. Use various communication styles appropriate to team member roles.
12. Identify resources related to healthcare policy, finance, and regulatory environments.
13. Identify ethical issues within assigned education or practice environments.
14. Advocate health promotion for healthcare consumers.

15. Demonstrate understanding of the nursing role within an inter-professional team.
16. Communicate effectively with the inter-professional team members in order to initiate shared decision making.
17. Illustrate awareness of own strengths and limitations as a team member.
18. Illustrate ability to work effectively as a team member.
19. Demonstrate planning and documentation of nursing care using available technology in health promotion settings.
20. Identify appropriate resources that will aid patients in continuing wellness or decreasing exacerbations of diseases.
21. Safely operate appropriate technology in the wellness setting.