

PHED-155 FIRST AID/CPR 3 CREDITS

SYLLABUS

CATALOG DESCRIPTION

This course is designed for students who are majoring in physical education. It includes instruction in appropriate procedures for rendering emergency care for the victim of an accident or sudden illness. The student will have an opportunity to research and present a module on either CPR or First Aid to a PHED 155 cohort. Upon completion students will receive American Safety Health Institute (ASHI) certification.

Prerequisites: None

Semester Offered: Fall, Spring, Summer

COMMON STUDENT LEARNING OUTCOMES

Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...

BROAD AND SPECIALIZED LEARNING

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

CRITICAL THINKING

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

CULTURAL AND CIVIC ENGAGEMENT

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

EFFECTIVE COMMUNICATION

Students will exchange ideas and information with clarity in multiple contexts.

INFORMATION LITERACY

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

INTEGRATING TECHNOLOGIES

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.

COURSE LEARNING OUTCOMES

Upon successful completion of the course, the student will be able to...

1. Recognize positive lifestyle choices
2. Understand risk factors for developing heart disease
3. Identify their own risk factors for developing heart disease
4. Demonstrate proficiency in providing CPR for adults, children, & infants
5. Demonstrate proficiency in providing airway intervention for adults, children, & infants experiencing a choking episode in a conscious & unconscious setting
6. Demonstrate ability to recognize and respond appropriately to life-threatening emergencies
7. Demonstrate appropriate care for victims experiencing: bleeding, wounds, shock, stroke, illness, burns, eye & nose injuries, breathing emergencies, bites, stings, bone injuries & deformities
8. Apply principles of teamwork & collaboration, evidence-based practice, and professional behavior
9. Successfully completes required skill return demonstrations per ASHI requirements
10. Completes required exams at a minimum of 80% per ASHI requirements
11. Demonstrate ability to teach basic CPR and first aid concepts through a mini presentation to a PHED 155 cohort
12. Base teaching presentation on current research as evidenced by a paper supported by references not more than five years old from peer reviewed journals.
13. Participates in a student faculty review of performance in classroom.