

**HMSV-2470 TREATMENT MODALITIES**      3 CREDITS

**SYLLABUS**

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**CATALOG DESCRIPTION**

This course will introduce the major intervention and treatment strategies for substance abuse. Special consideration will be given to the prediction of treatment outcomes.

Formerly HMSV-228

Prerequisites: HMSV-2140 and HMSV-2120.

Semester Offered: On Demand

***COMMON STUDENT LEARNING OUTCOMES***

*Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...*

**BROAD AND SPECIALIZED LEARNING**

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

**CRITICAL THINKING**

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

**CULTURAL AND CIVIC ENGAGEMENT**

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

**EFFECTIVE COMMUNICATION**

Students will exchange ideas and information with clarity in multiple contexts.

**INFORMATION LITERACY**

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

**INTEGRATING TECHNOLOGIES**

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.

**COURSE LEARNING OUTCOMES**

*Upon successful completion of the course, the student will be able to...*

This course is designed to give a broad understanding of the specific philosophies and methods of treatment utilized in addressing substance abuse/dependency issues. Students will become familiar with the origins of the

various approaches that they will encounter in the counseling and therapy processions. The students will also become familiar with the specific treatment methods that have been researched as being most effective, with various specialty populations of substance abusers; i.e. legally mandated populations, gender specific populations and populations with Co-Occurring disorders.

### Objectives

1. Theories related to modern therapy
2. The impact of these theories on the development of substance abuse approaches
3. Understand the differences in effectiveness between inpatient and outpatient specific approaches
4. The potential success of substance abuse treatments on specific populations
5. Protocols that address Codependency and Enabling
6. The importance of implementation of treatment approaches that are supported by research findings

### Specific Learning Outcomes

1. Identify the origins of modern treatment approaches
2. Identify empirically supported treatment protocols
3. Demonstrate an understanding of the various philosophies and treatment approaches used with specific treatment populations.
4. Demonstrate an awareness of the implications of Co-Occurring disorders on the treatment approaches used.
5. Design a treatment program for a "special need" population and determine an appropriate treatment approach. Determine the number of staff, licensure levels, and funding sources and identify supportive research for such a program.