

PTAP-290 CLINICAL EXTERNSHIP (REHABILITATION)

7 CREDITS

SYLLABUS

CATALOG DESCRIPTION

This 7-week clinical externship provides students with the opportunity to apply clinical skills acquired in the academic setting directly to geriatric and neurologically involved patients in a rehabilitation setting. This externship may be completed in any geographical area provided that a legal contract is established between the clinical site and San Juan College.

Prerequisites: PTAP 210, PTAP 230, PTAP 250, PTAP 260

Semester Offered: Spring for On-Campus Program; Fall for Online Hybrid Program

COMMON STUDENT LEARNING OUTCOMES

Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...

BROAD AND SPECIALIZED LEARNING

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

CRITICAL THINKING

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

CULTURAL AND CIVIC ENGAGEMENT

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

EFFECTIVE COMMUNICATION

Students will exchange ideas and information with clarity in multiple contexts.

INFORMATION LITERACY

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

INTEGRATING TECHNOLOGIES

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.

COURSE LEARNING OUTCOMES

Upon successful completion of the course, the student will be able to...

1. Complete certifications and specific requirements mandated by the facility.

2. Perform with a minimum acceptable rating of *Entry level for Safety* on the CPI.
3. Demonstrate a minimum acceptable rating of *Entry level for Clinical Behaviors* on the CPI.
4. Perform with a minimum acceptable rating of *Entry level for Accountability* on the CPI.
5. Adapts with a minimum acceptable rating of *Entry level for Cultural Competence* on the CPI.
6. Communicate with a minimum acceptable rating of *Entry level for Communication* on the CPI.
7. Participate with a minimum acceptable rating of *Entry level for Self-Assessment and Lifelong Learning* on the CPI.
8. Demonstrate with a minimum acceptable rating of *Entry level for Clinical Problem Solving* on the CPI.
9. Perform with a minimum acceptable rating of *Entry level for Intervention: Therapeutic Exercise* on the
10. CPI.
11. Apply with a minimum acceptable rating of *Entry level for Interventions: Therapeutic Techniques* on the CPI.
12. Apply with a minimum acceptable rating of *Entry level for Interventions: Physical Agents and Mechanical Modalities* on the CPI.
13. Apply with a minimum acceptable rating of *Entry level for Interventions: Electrotherapeutic Modalities* on the CPI.
14. Perform with a minimum acceptable rating of *Entry level for Interventions: Functional Training and Application of Devices and Equipment* on the CPI.
15. Produce with a minimum acceptable rating of *Entry level for Documentation* on the CPI.
16. Participate with a minimum acceptable rating of *Entry level for Resource Management* on the CPI.

SPECIFIC LEARNING OBJECTIVES (ADAPTED FROM CPI)

Upon successful completion of the course, the student will be able to...

1. Complete certifications and specific requirements mandated by the facility.
 - 1a. Obtain certifications in CPR, HIPAA and Blood Borne Pathogens before beginning clinical rotations.
 - 1b. Obtain specific requirements mandated by clinical sites such as criminal background screening, drug screenings, medical examinations, etc. in a timely manner.
 - 1c. Respond appropriately to emergency situations by following the policies and procedures for the clinical site.
2. Perform with a minimum acceptable rating of *Entry level for Safety* on the CPI.
 - 2a. Ensure the safety of patient, self, and others throughout the clinical interaction.
 - 2b. Use acceptable techniques for safe handling of patients.
 - 2c. Establish and maintain a safe working environment.
 - 2d. Request assistance when necessary.
 - 2e. Demonstrate knowledge of facility safety policies and procedures.
 - 2f. Recognizes physiological and psychological changes in patients.
3. Demonstrate a minimum acceptable rating of *Entry level for Clinical Behaviors* on the CPI.
 - 3a. Demonstrate initiative.
 - 3b. Be punctual and dependable.
 - 3c. Wear attire consistent with expectations of the work setting and PTA Program.
 - 3d. Demonstrate integrity in all interactions.
 - 3e. Exhibit caring, compassion, and empathy in providing services to patients.
4. Perform with a minimum acceptable rating of *Entry level for Accountability* on the CPI.
 - 4a. Place patient's needs above self-interests.
 - 4b. Identify, acknowledge, and accepts responsibility for actions and reports errors.
 - 4c. Take steps to remedy errors in a timely manner.
 - 4d. Abides by policies and procedures of the facility.
 - 4e. Maintains patient confidentiality.
5. Adapts with a minimum acceptable rating of *Entry level for Cultural Competence* on the CPI.

- 5a. Incorporate an understanding of the implications of individual and cultural differences and adapt behavior accordingly in all aspect of physical therapy services.
- 5b. Communicate effectively and with sensitivity.
- 5c. Provide care in a nonjudgmental manner when the patients' beliefs and values conflict with the individual's belief system.
- 5d. Demonstrate an understanding of the socio-cultural, psychological, and economic influences on patients and responds accordingly.
- 5e. Be aware of own social and cultural biases and does not allow biases to negatively impact patient care.
- 6. Communicate with a minimum acceptable rating of *Entry level for Communication* on the CPI.
 - 6a. Communicate with clinical instructor and supervising physical therapist appropriately.
 - 6b. Communicate verbally, nonverbally, and in writing with an effective, respectful, and timely manner.
 - 6c. Listen actively and attentively to understand what is being communicated by others.
 - 6d. Interpret and respond appropriately to the nonverbal communication of others.
 - 6e. Adjust the style of communication based on target audience.
- 7. Participate with a minimum acceptable rating of *Entry level for Self-Assessment and Lifelong Learning* on the CPI.
 - 7a. Identify strengths and limitations in clinical performance, including knowledge, skills, and behaviors.
 - 7b. Seek guidance as necessary to address limitations.
 - 7c. Use self-assessment skills, including soliciting feedback from others and reflection to improve clinical knowledge, skills and behaviors.
 - 7d. Acknowledge and accepts responsibility for and consequences of own actions.
 - 7e. Establish realistic short and long-term goals in a plan for improving clinical skills and behaviors.
- 8. Demonstrate with a minimum acceptable rating of *Entry level for Clinical Problem Solving* on the CPI.
 - 8a. Present sound rationale for clinical problems solving, including review of data collected and ethical and legal arguments.
 - 8b. Seek clarification of plan of care and selected interventions from clinical instructor and/or supervising physical therapist.
 - 8c. Collect and compares data from multiple sources to determine patient's readiness before initiating interventions.
 - 8d. Demonstrate sound clinical decisions within the plan of care to assess and maximize patient safety and comfort while performing selected interventions.
 - 8e. Demonstrate sound clinical decisions within the plan of care to assess and maximize intervention outcomes, including patient progression and/or intervention modifications.
- 9. Perform with a minimum acceptable rating of *Entry level for Intervention: Therapeutic Exercise* on the CPI.
 - 9a. Review plan of care and collects data on patient's current condition to assure readiness for therapeutic exercise.
 - 9b. Applies knowledge of contraindications and precautions for selected interventions.
 - 9c. Performs selected therapeutic exercise safely, effectively, and in a coordinated and technically competent manner consistent with the plan of care established by the physical therapist.
 - 9d. Modify therapeutic exercise with the plan of care to maximize patient safety and comfort.
 - 9e. Modify therapeutic exercise within the plan of care to progress the patient.
- 10. Apply with a minimum acceptable rating of *Entry level for Interventions: Therapeutic Techniques* on the CPI.
 - 10a. Review plan of care and collect data on patient's current condition to assure readiness for therapeutic techniques.
 - 10b. Apply knowledge of contraindications and precautions for selected interventions.
 - 10c. Perform selected therapeutic techniques safely, effectively, efficiently, and in a coordinated and technically competent manner consistent with the plan of care established by the physical therapist.
 - 10d. Modify therapeutic techniques within the plan of care to maximize patient safety and comfort.

- 10e. Modify therapeutic techniques within the plan of care to progress patient.
- 11. Apply with a minimum acceptable rating of *Entry level for Interventions: Physical Agents and Mechanical Modalities* on the CPI.
 - 11a. Review plan of care and collects data on patient's current condition to assure readiness for physical agents and mechanical modalities.
 - 11b. Apply knowledge of contraindications and precautions for selected intervention.
 - 11c. Perform selected physical agents and mechanical modalities safely, effectively, efficiently, and in a coordinated and technically competent manner consistent with the plan of care established by the physical therapist.
 - 11d. Adjust physical agents and mechanical modalities within the plan of care to maximize patient safety and comfort.
 - 11e. Modify physical agents and mechanical modalities within the plan of care to maximize patient response to the interventions.
- 12. Apply with a minimum acceptable rating of *Entry level for Interventions: Electrotherapeutic Modalities* on the CPI.
 - 12a. Review plan of care and collect data on patient's current condition to assure readiness for electrotherapeutic modalities.
 - 12b. Apply knowledge of contraindications and precautions for selected interventions.
 - 12c. Perform electrotherapeutic modalities safely, effectively, efficiently, and in a coordinated and technically competent manner consistent with the plan of care established by the physical therapist.
 - 12d. Adjust electrotherapeutic modalities within the plan of care to maximize patient safety and comfort.
 - 12e. Modifies electrotherapeutic modalities within the plan of care to maximize patient response to the interventions.
- 13. Perform with a minimum acceptable rating of *Entry level for Interventions: Functional Training and Application of Devices and Equipment* on the CPI.
 - 13a. Review plan of care and collect data on patient's current condition to assure readiness for functional training and application of devices and equipment.
 - 13b. Apply knowledge of contraindications and precautions for selected interventions.
 - 13c. Perform functional training and application of devices and equipment safely, effectively, efficiently, and in a coordinated and technically competent manner consistent with the plan of care established by the physical therapist.
 - 13d. Adjust functional training and application of devices and equipment within the plan of care to maximize patient safety and comfort.
 - 13e. Modify functional training and application of devices and equipment within the plan of care to maximize patient response to the interventions.
- 14. Produce with a minimum acceptable rating of *Entry level for Documentation* on the CPI.
 - 14a. Select relevant information to document the delivery of physical therapy care.
 - 14b. Document all aspect of physical therapy care provided.
 - 14c. Produce documentation that is accurate, concise, timely, legible, grammatically and technically correct.
 - 14d. Produce documentation consistent with guidelines, format, and requirements of the facility, regulatory agencies, and third-party payers.
- 15. Participate with a minimum acceptable rating of *Entry level for Resource Management* on the CPI.
 - 15a. Schedule patients, equipment, and space.
 - 15b. Coordinates with physical therapist and others to facilitate efficient and effective patient care.
 - 15c. Sets priorities for the use of resources to maximize patient and facility outcomes.
 - 15d. Uses time effectively.

15e. Utilizes the facility's information technology effectively.