

## **NMNC-2310 HEALTH AND ILLNESS CONCEPTS II    3 CREDITS**

### **SYLLABUS**

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#### **CATALOG DESCRIPTION**

This course focuses on health and illness concepts across the lifespan. Concepts covered include oxygenation/homeostasis, homeostasis/regulation, protection/movement, and cognitive/behavioral processes. The scope, risk factors, physiologic processes, attributes, and clinical management of the selected concepts are included in the course content. Exemplars, evidence-based practices, collaborative care, healthcare standards, nursing informatics/technologies, and care resources associated with the concepts of the course are discussed. Opportunities are provided for the student to apply selected health and illness concepts to the nursing care of health care recipients across the lifespan.

Prerequisites: See ADN/BSN Program of Study

Semester Offered: Fall, Spring

#### ***COMMON STUDENT LEARNING OUTCOMES***

*Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...*

##### **BROAD AND SPECIALIZED LEARNING**

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

##### **CRITICAL THINKING**

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

##### **CULTURAL AND CIVIC ENGAGEMENT**

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

##### **EFFECTIVE COMMUNICATION**

Students will exchange ideas and information with clarity in multiple contexts.

##### **INFORMATION LITERACY**

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

##### **INTEGRATING TECHNOLOGIES**

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.

## COURSE LEARNING OUTCOMES

*Upon successful completion of the course, the student will be able to...*

### LEVEL THREE OBJECTIVES

*Upon successful completion of Level Two, the student will be able to...*

1. Incorporate diverse patient values, beliefs, and attitudes into plan of care for patients with chronic illness.
2. Identify and interpret factors for improvement in patient safety and nursing practice.
3. Utilize an evidence-based practice approach to the delivery and evaluation of nursing care to chronically ill patients across the lifespan.
4. Utilize policies and procedures within the healthcare setting.
5. Participate as a member of the healthcare team in the delivery of care.
6. Utilize appropriate technology for the delivery of nursing care to chronically ill patients.

### COURSE OBJECTIVES

*Upon successful completion of the course, the student will be able to...*

1. Relate the scope, risk factors, physiologic processes, attributes, and clinical management of selected concepts and exemplars across the lifespan.
2. Investigate evidenced-based practice, standards of nursing care, and factors to improve safety related to selected concepts and exemplars.
3. Examine how members of the health care team collaborate in the delivery of care related to selected concepts and exemplars.
4. Discuss available technology for the delivery of nursing care related to selected concepts and exemplars.
5. Apply selected health and illness concepts to the nursing care of patients across the lifespan.