

NMNC-1210 HEALTH AND ILLNESS CONCEPTS 3 CREDITS

SYLLABUS

CATALOG DESCRIPTION

This course focuses on health and illness concepts across the lifespan. The scope, risk factors, physiologic processes, attributes, and clinical management of the concepts of homeostasis/regulation, sexuality/reproduction, protection/movement, and emotional processes are included in the course content. Exemplars, evidence-based practices, collaborative care, healthcare standards, nursing informatics/technologies, and care resources associated with the concepts of the course are discussed. Normal physiology and healthy adaptations of the patient are integrated into the concept/exemplar content.

Prerequisites: See ADN/BSN Program of Study

Semester Offered: Fall, Spring

COMMON STUDENT LEARNING OUTCOMES

Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...

BROAD AND SPECIALIZED LEARNING

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

CRITICAL THINKING

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

CULTURAL AND CIVIC ENGAGEMENT

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

EFFECTIVE COMMUNICATION

Students will exchange ideas and information with clarity in multiple contexts.

INFORMATION LITERACY

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

INTEGRATING TECHNOLOGIES

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.

COURSE LEARNING OUTCOMES

Upon successful completion of the course, the student will be able to...

A copy of this approved syllabus is on file in the dean's office. Updated 12/14/18

LEVEL TWO OBJECTIVES

Upon successful completion of Level Two, the student will be able to...

- 1. Recognize and assess diverse patients' values related to health.
- 2. Apply safety measures to well patient populations.
- 3. Implement evidence-based practices in care of well populations across the lifespan.
- 4. Adhere to policies and procedures in healthcare delivery settings.
- 5. Communicate with other healthcare providers to meet the needs of well patients.
- 6. Utilize informatics for well patient care.

COURSE OBJECTIVES

Upon successful completion of the course, the student will be able to...

- 1. Describe the scope, risk factors, physiologic processes, attributes, and clinical management of selected concepts and exemplars across the lifespan.
- 2. Discuss evidence-based practices and healthcare standards of care related to the concepts/exemplars of the course.
- 3. Explain the collaboration necessary related to the concepts/exemplars of the course.
- 4. Utilize informatics and resources related to the concepts/exemplars of the course.
- 5. Integrate considerations of normal physiology and healthy adaptations into nursing practice of patients across the lifespan.