

# **HMSV-1110** GROUP DYNAMICS 3 CREDITS

#### **S**YLLABUS

### **CATALOG DESCRIPTION**

This course is an introduction to group process and counseling. The emphasis is on understanding group dynamics and group leadership pertaining to each stage of group development. Drawing on both theoretical and observer-participant models, the student will explore various relationships as they develop in one-on-one, small group, and larger group settings. Emphasis is on the group process in human service settings.

Formerly HMSV-115

Prerequisites: SOWK-2110 or HMSV-2140. ENGL-095 and RDNG-096 or appropriate English and Reading Accuplacer scores.

Semester Offered: Fall, Spring

# COMMON STUDENT LEARNING OUTCOMES

Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...

## **BROAD AND SPECIALIZED LEARNING**

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

# **CRITICAL THINKING**

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

#### CULTURAL AND CIVIC ENGAGEMENT

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

#### **EFFECTIVE COMMUNICATION**

Students will exchange ideas and information with clarity in multiple contexts.

#### INFORMATION LITERACY

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

#### INTEGRATING TECHNOLOGIES

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.

## **COURSE LEARNING OUTCOMES**

Upon successful completion of the course, the student will be able to... A copy of this approved syllabus is on file in the dean's office.

Updated 12/14/18

- 1. Discuss types, purposes and stages in group therapy.
- 2. Identify and practice group process skills.
- 3. Review prevalent group counseling theories.
- 4. Discuss ethical issues specific to group work.

#### SPECIFIC LEARNING OUTCOMES

- 1. Identify the different types of groups and the stages of group development.
- 2. Experience various group processes of age-specific populations.
- 3. Recognize, discuss & comprehend the basic theories of group counseling.
- 4. Apply the ethical decision-making model during experiential group settings.