

COSD-120 ESTHETIC THEORY I 1 CREDIT

SYLLABUS

CATALOG DESCRIPTION

Introductory course that instructs in the knowledge of communication, professional image, infection control, physiology, chemistry, nutrition, histology, disorders and diseases, skin analysis, and skin care products. Topics also include facial treatments, facial massage, facial machines, hair removal, selling, and product knowledge.

Prerequisites: RDNG 113, ENGL 099

Semester Offered: All

COMMON STUDENT LEARNING OUTCOMES

Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...

BROAD AND SPECIALIZED LEARNING

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

CRITICAL THINKING

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

CULTURAL AND CIVIC ENGAGEMENT

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

EFFECTIVE COMMUNICATION

Students will exchange ideas and information with clarity in multiple contexts.

INFORMATION LITERACY

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

INTEGRATING TECHNOLOGIES

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.

COURSE LEARNING OUTCOMES

Upon successful completion of the course, the student will be able to...

1. Identify the importance of proper rest, exercise, stress management, nutrition, hygiene ergonomics and how they relate to performance on the job.
2. Explain ergonomic principles and demonstrate ergonomically correct postures and movements.
3. Establish a process for setting short- and long-range professional goals.
4. Define the three levels of infection control: Sanitation, Disinfection and Sterilization.
5. Describe how to safely clean and disinfect salon tools and equipment.
6. List agencies and federal guidelines that regulate cosmetic formulations and claims.
7. Explain the basic physiology of the skin and its appendages.
8. Define the six primary functions of the skin.
9. Identify the factors that influence ingredient penetration to affect skin behavior.
10. Explain the six primary functions of the skin.
11. Identify the importance of soliciting feedback, retail sales, rebooking and follow-up.
12. Explain the process of a skin analysis and identify the basic skin types and the main skin conditions.
13. Identify and describe the function for skin care essentials, infection control and safety, and the client consultation.
14. Differentiate between temporary and permanent hair removal services.
15. Identify the considerations for waxing.
16. Explain the difference between the various advanced massage techniques and their specific contraindications.
17. Describe the different types of medical procedures performed by physicians that are related to the esthetics profession.