

PSYC-1110 INTRODUCTION TO PSYCHOLOGY

3 CREDITS

SYLLABUS

CATALOG DESCRIPTION

This course will introduce students to the concepts, theories, significant findings, methodologies, and terminology that apply to the field of psychology.

Formerly: PSYC-120

Prerequisites: ENGL-095 and RDNG-096 or appropriate English and Reading Accuplacer scores.

Semester Offered: ALL

COMMON STUDENT LEARNING OUTCOMES

Upon successful completion of San Juan College programs and degrees, the student will demonstrate competency in...

BROAD AND SPECIALIZED LEARNING

Students will actively and independently acquire, apply, and adapt skills and knowledge with an awareness of global contexts.

CRITICAL THINKING

Students will think analytically and creatively to explore ideas, make connections, draw conclusions and solve problems.

CULTURAL AND CIVIC ENGAGEMENT

Students will act purposefully, reflectively, and ethically in diverse and complex environments.

EFFECTIVE COMMUNICATION

Students will exchange ideas and information with clarity in multiple contexts.

INFORMATION LITERACY

Students will be able to recognize when information is needed and have the ability to locate, evaluate, and use it effectively.

INTEGRATING TECHNOLOGIES

Students will demonstrate fluency in the application and use of technologies in multiple contexts.

Student work from this class may be randomly selected and used anonymously for assessment of course, program, and/or institutional learning outcomes. For more information, please refer to the Dean of the appropriate School.

COURSE LEARNING OUTCOMES

Upon successful completion of the course, the student will be able to...

1. Demonstrate an understanding of the major theories, terminology, principles, processes, and research methods in the various areas of psychology.

2. Develop the ability to gather information from multiple resources and synthesize this information.
3. Develop skills to evaluate critically psychological concepts and the influence of contextual factors including social class, ethnicity, and family processes.
4. Apply important psychological concepts to experiences encountered outside of the classroom.

SPECIFIC LEARNING OUTCOMES

Upon successful completion of the course, the student will be able to ...

1. Demonstrate an understanding of the major theories, terminology, principles, processes, and research methods in the various areas of psychology.
 - a. Develop an understanding of the history and methods of psychology.
 - b. Describe the biological basis of behavior & mental processes.
 - c. Describe the cognitive & learning processes which influence behavior.
 - d. Describe the developmental process from conception through death.
 - e. Demonstrate an understanding of various theories related to personality processes.
 - f. Demonstrate an understanding of various theories and approaches used in therapeutic settings to assist those experiencing problems and abnormal behavioral patterns.
2. Develop the ability to gather information from multiple resources and synthesize this information.
 - a. Integrate ideas from the textbook, class discussions, Internet, and other sources to gain a further understanding of psychological principles.
3. Develop skills to evaluate critically psychological concepts and the influence of contextual factors including social class, ethnicity, and family processes.
 - a. Evaluate the importance of psychology in regards to contemporary issues regarding women, minorities and a multicultural society.
 - b. Explore how gender & sexuality impact our lives.
 - c. Evaluate how special processes, interpersonal communication, and sociocultural diversity influence behavior and cognition.
4. Apply important psychological concepts to experiences encountered outside of the classroom.
 - a. Describe the concept of “stress” and how it influences life styles and behavior.
 - b. Integrate and synthesize principles and theories learned in class to “real world” experiences through portfolios, journals, essays, or other projects.